1 DAY ACADEMIC INSTRUCTION & 1 DAY TRAINING FLIGHTS

INITIAL ACADEMIC INSTRUCTION
• Introduction to Acceleration
• Physiological Effects of G
• G-LOC Characteristics and Prevention
• Anti-G Straining Maneuver (AGSM)
• Protective Equipment
• Stress Management
• Physical Conditioning and Diet

FLIGHT TRAINING
• Gradual Onset Run to Assess Individual G Tolerance
• Rapid Onset Run to 6 Gz (AGSM Practice)
• Rapid Onset Run to 8 Gz (9 Gz for F-16 training)
• Check Six Profile Rapid Onset to 6 Gz (7Gz for F-16 training)

Customized training programs are available upon request.
*Tactical flight training requires ITAR approval.

REFRESHER TRAINING (FOR EXPERIENCED TACTICAL PILOTS)

1/2 DAY ACADEMIC INSTRUCTION
• Anti-G Straining Maneuver
• Protective Equipment
• Stress Management
• Physical Conditioning and Diet

1/2 DAY FLIGHT TRAINING
• Pursuit (Tail Chase)
• Air Intercept
• Low Level
• BFM (1v1)

Customized training programs are available upon request.
*Tactical flight training requires ITAR approval.